

**Abstract of the Disclosure**

At the time of a backup process of the sharing disk  
in a disk shared file system, the write cache of each  
5 computer is reflected on a sharing disk, and data of  
the sharing disk is copied in a backup medium as a batch.  
Further, blocks to be backed up are listed to be copied  
in the backup medium as a batch. Then, the log of each  
computer is stored in a log medium, and the data at the  
10 start point of a backup process is formed using the log.

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